

Covid-19 policy and procedures 2021/ 2022

LSA Covid-19 policy and procedures

Accessing the LSA studio safely

All members of the LSA's community will need to work together to keep each other safe when in studio, so please make sure you read the safety measures the LSA is implementing and follow the guidance to help ensure social-distancing and hygiene guidelines are followed.

It is important to consider that some members of our community may wish to take a cautious approach when in studio. Please be considerate of this and try to provide space for others. We must continue to work together and be kind as we navigate this next step.

Before you arrive in studio

- Stay at home if you're unwell.
- Book regular COVID-19 tests to help reduce the spread of the virus and keep all people in studio safe, it is important that you take asymptomatic tests twice a week to help reduce the spread of COVID-19 – even if you have been double vaccinated. You should only come into studio if you have received a negative result. You can access free lateral flow tests by ordering home tests from www.gov.uk/order-coronavirus-rapid-lateral-flow-tests or collecting from a local pharmacy. The LSA studio will also keep a small number of lateral flow tests on site.

What the LSA is doing

- Where natural ventilation exists, the windows will be open.
- Continuing to update risk assessments and covid outbreak plans.
- Reduced occupancy will be maintained in teaching spaces at the start of the new academic year which will be reviewed weekly in line with government guidance.
- Providing hand sanitation stations across the LSA studio and throughout the building.
- Continuing our enhanced cleaning programme and providing cleaning products to wipe down surfaces before and after use
- Ensuring students are able to access online lectures and studio teaching if they are having to self-isolate/wait for a COVID-19 test result.
- Offering ongoing support for self-isolation – if you have symptoms, please stay at home, get a test, and let us know.
- Ensuring anyone who is clinically or extremely vulnerable is supported.

- Continuing to follow our COVID-19 Outbreak Plan which is approved by our local branch of Public Health England and kept under regular review.

What we need you to do

- Take lateral flow tests twice a week to help reduce the spread of COVID-19, and only come to the LSA studio if this test is negative.
- The government has removed the requirement to wear face coverings in law but expects and recommends that they are worn in enclosed and crowded spaces where people may come into contact with people they don't normally meet. The LSA highly recommends you wear a face covering when you are moving around inside, some teaching spaces (unless outdoors), corridors, toilets or kitchens.
- Please respect other students' and staff members' decision to wear a face covering and where possible, wear a face covering if another person is uncomfortable.
- Let us know if you have symptoms of COVID-19, test positive or are self-isolating. This applies whether you are/have been in studio or remotely.
- Familiarise yourself with your practice placement COVID-19 policy, as this may differ.
- Wash your hands with soap and water and use hand sanitiser regularly throughout the day.

Please also refer to our 'What to do if' procedures for further guidance and support (see next page).

‘What to do if...’ procedures and support

I have symptoms (fever; new, continuous cough; new loss of taste and/or smell)

- Go home / do not come into the LSA studio
- Contact admin@the-lsa.org with subject line – ‘Potential COVID-19 Symptoms’ or call the LSA landline to speak with a member of the Operations Team
- Book a test on 119 or at www.gov.uk/get-coronavirus-test
- Stay at home until you get your results

I live with someone with symptoms or has tested positive for COVID-19

I am double vaccinated:

- You do not need to isolate if you are fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- Even if you do not have symptoms, you are advised to:
 1. Take a rapid lateral flow test before returning to the LSA studio
 2. Get a [PCR test on GOV.UK](#) to check if you have COVID-19

I am not vaccinated / I have only received one dose of the Covid-19 vaccine:

- If you have received one dose of COVID-19 vaccine or you are not vaccinated at all, you will still be required to self-isolate and should contact admin@the-lsa.org with subject line – ‘Self Isolating’

My test is negative

- Great! If you feel well, feel free to return to the LSA studio
- If you still are ill, stay at home until you are well enough to return and/or seek other medical help from your pharmacist or GP

My test is positive

- Contact admin@the-lsa.org with subject line – ‘Positive COVID test result’
- You need to isolate at home for 10 days from the date your symptoms started
- Do not leave home – you can find sources of help and advice at www.nidirect.gov.uk/coronavirus

When do I need to self-isolate?

You still need to self-isolate for 10 days if you:

- test positive for COVID-19 or start showing symptoms
- are an adult who has not been fully vaccinated, and you are identified by contact tracers as a close contact of someone who has tested positive
 - are an adult who lives with someone who tests positive (or has COVID-19 symptoms) and you are not fully vaccinated
 - are an adult who has not been fully vaccinated and you arrive in the UK from an **amber list country**

What if I am 'pinged'?

If you've downloaded the NHS COVID-19 app and you receive a 'ping' notification that you've been in close contact with someone who's tested positive, you will still be advised (but not legally obliged) to self-isolate if you are an adult who has not been fully vaccinated. However, if you're fully vaccinated or under 18, the app will instead **suggest you take a test and offer advice on minimising risk from COVID-19.**